

12 regenerative questions to ask yourself this year

(one for each phase of the Think like a Tree design cycle)

Grab a drink, a blanket, a notebook and pens and start to ponder...



Let us be your guide to design the life you want, with nature as your guide

The Think like a Tree design cycle can be used to design any and all aspects of your life



*"Don't ask what the world needs.
Ask what makes you come alive, and go do it.
Because what the world needs is people who have come alive."
Howard Thurman*